

Annex 1
Promotion of breastfeeding in Europe
Questionnaire on national activities for the promotion of breastfeeding

The purpose of this questionnaire is to gather information on what is currently being done in each of the countries of the EU. All participants will receive copies of all the questionnaires during the first meeting. The information you provide will be used to produce the first project document. During the meeting, we shall compare what is currently being done with what should be done, based on a document on effective and feasible interventions.

Country:

Date:

Person in charge of the questionnaire:

Qualification:

Position:

Full address:

Phone:

Fax:

E-mail:

Use the most recently available information to fill in the questionnaire; whenever possible, specify the period to which the information refers. Send the completed questionnaire and any other relevant document to cattaneo@burlo.trieste.it or to Adriano Cattaneo, Unit for Health Services Research and International Health, IRCCS Burlo Garofolo, Via dell'Istria 65/1, 34137 Trieste, Italy, by 31 January 2003.

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Please list the people/organisations you consulted to get the information:

1.

2.

3.

4.

5.

Use this box to briefly outline (the) features of your national health system that you think might have a bearing on the promotion of breastfeeding.

1. Policy and planning

Some definitions:

- Legislation: laws passed by national or local parliaments, decrees issued by ministries.
- Policy: short statements on what providers and/or users of health services should do.
- Recommendations: long referenced documents on what health professionals should do.

1.1. In the table below, tick (the box on) what is available in your country for the promotion of breastfeeding and roughly rate it against the stated criteria. Write any other comment you might have in the box at the end of this section.

Please attach a copy (or insert internet address) of any national (not local) document.

Criteria	Legislation	National policy	Local policies	Recommendations
Start breastfeeding immediately after birth	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:
Breastfeed exclusively for about six months	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:
Continue breastfeeding up to two years and beyond	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:
Implement the Ten Steps for Successful Breastfeeding	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:	Yes <input type="checkbox"/> No <input type="checkbox"/> Rating:

1.2. Are these laws, policies and recommendations routinely communicated to those managing and implementing relevant activities? Yes No

1.2.1. If yes, how and by who?

1.3. Is adherence to these laws, policies and recommendations routinely monitored and enforced? Yes No

1.3.1. If yes, how and by who?

1.4. Is there a national government plan to promote breastfeeding? Yes No

If yes, please attach a copy or insert internet address

1.4.1. If yes, what are the main objectives and targets for 2002 (or the most recent year)?

Observations and comments:

2. Management

- 2.1. Is there a national coordinator for breastfeeding? Yes No
- 2.2. Is there a national breastfeeding committee? Yes No
- 2.2.1. If yes, does the committee have an advisory and/or a decision-making role?
- 2.3. Does the government provide regular or irregular funds to support the activities of the national committee (if any)?
- 2.3.1. If yes, what is the latest figure?
- 2.4. Which national bodies and/or institutions are represented on the national committee (if any)?
- | | |
|---|---|
| <input type="checkbox"/> government departments | <input type="checkbox"/> health professional associations |
| <input type="checkbox"/> medical schools | <input type="checkbox"/> nursing/midwifery schools |
| <input type="checkbox"/> women/mothers support groups | <input type="checkbox"/> breastfeeding support groups |
| <input type="checkbox"/> infant food manufacturers | <input type="checkbox"/> NGOs |
| <input type="checkbox"/> public health experts | <input type="checkbox"/> UNICEF |
| <input type="checkbox"/> nutritionists | <input type="checkbox"/> other |
- 2.5. What are the main recent accomplishments of the national committee (if any)?

Please attach a list of the current members of the national committee (if any), including name and full address of the national coordinator (if any).

Observations and comments:

3. Training

3.1. Is there a National Board that certifies the quality of pre-service curricula of medical , public health , nutrition , nursing , and midwifery schools?

3.1.1. If yes, does it have criteria for training on breastfeeding? Yes No

3.1.2. If yes, describe.

3.2. Has the 18-hour UNICEF course on Breastfeeding promotion and practice been introduced? Yes No

3.2.1. If yes, rate the coverage: high medium low

3.3. Has the 40-hour WHO course on Breastfeeding counselling been introduced? Yes No

3.3.1. If yes, rate the coverage: high medium low

3.4. Have other courses on breastfeeding been introduced? Yes No

3.4.1. If yes, give details.

3.5. Are trained health professionals kept informed on new research findings through newsletters or other means? Yes No

Observations and comments:

4. Baby Friendly Hospital Initiative (BFHI)

4.1. Is there a national BFHI coordinator? Yes No

If yes, give name and full address

4.2. Approximate number of hospitals providing maternity services:

4.3. Number of hospitals designated as Baby Friendly:

4.4. Is there any teaching hospital among them? Yes No

4.5. Are BFHI universal criteria used for designation? Yes No

4.5.1. If not, state differences.

4.6. Number of hospitals and facilities that have a Certificate of Commitment:

4.7. Approximate number of annual deliveries in the country:

4.8. Percentage of deliveries in Baby Friendly Hospitals:

4.9. Is there a plan to reassess designated Baby Friendly hospitals? Yes No

4.9.1. If yes, how often?

4.10. Is there a Baby Friendly Community Initiative? Yes No

Observations and comments:

5. International Code

- 5.1. Is the WHO International Code on Marketing of Breastmilk Substitutes in effect? Yes No
- 5.2. Are national measures being drafted in this sense, i.e. legislation, regulations, etc? Yes No
- 5.3. Does the legislation that puts the Code into effect cover all its provisions? Yes No
- 5.3.1. If not, what provisions are not covered?
- 5.4. Are the World Health Assembly (WHA) Resolutions reinforcing the Code taken into account in the revision of laws and/or policies? Yes No
- 5.5. Is the implementation of the Code and/or national legislation regularly monitored by a public and/or private non-for-profit independent organisation? Yes No
- 5.6. What action is taken in case of confirmed infringement of the Code and/or national legislation?

Observations and comments:

6. Legislation for working mothers

6.1. Has the International Labour Organization (ILO) maternity protection convention (MPC138) been ratified? Yes No

6.2. Is there a legislation that meets the ILO standards for protecting and supporting breastfeeding among working mothers? Yes No

6.2.1. If yes, please specify standards:

- Minimum 14 weeks of paid maternity leave
- Paid maternity leave (at least two-thirds of previous earnings)
- Entitlement to one or more paid breastfeeding breaks daily
- or daily reduction of hours of work to breastfeed
- Job protection and non-discrimination for breastfeeding workers

6.3. Are there any groups of women not covered by this legislation? Yes No

6.3.1. If yes, give details:

Observations and comments:

7. Community outreach, including mother support

7.1. Are voluntary organisations for mother-to-mother support established? Yes No

7.1.1. If yes, describe:

7.1.2. Rate the likely/estimated coverage of these groups:
high medium low

7.1.3. Rate the linkage of these groups with the health care services:
high medium low

7.1.4. How do mothers get in touch with these groups?

7.2. Does the health care system organise mother-to-mother support groups? Yes No

7.2.1. If yes, describe:

7.2.2. If yes, rate the likely/estimated coverage of these groups:
high medium low

7.3. Is there training of peer counsellors? Yes No

7.3.1. If yes, rate the likely/estimated coverage:
high medium low

Observations and comments:

8. Information, Education and Communication (IEC)

8.1. Is there any government budget for IEC? Yes No

8.1.1. If yes, how is it used?

8.2. What are the main government IEC products?

8.3. Is there any assessment of results? Yes No

8.3.1. If yes, give details.

8.4. Are there national activities for the World Breastfeeding Week? Yes No

8.4.1. If yes, in August or October ?

8.4.2. Supported by government and/or UNICEF and/or NGOs ?

8.5. Is there a government breastfeeding website? Yes No

If yes, give internet address

Observations and comments:

9. Monitoring

9.1. Is there any government collection of data on breastfeeding rates? Yes No

9.1.1. If yes, is it sample or population based?

9.1.2. What is the periodicity?

9.2. What are the main indicators used for initiation, duration and exclusivity of breastfeeding?

Indicator	Definition	Latest value (year)

9.3. Is the information reported regularly? Yes No

9.3.1. If yes, how often?

9.3.2. What is the time lag?

9.4. Is the information fed back regularly to health professionals? Yes No

9.4.1. If yes, can they relate it to their local needs? Yes No

9.4.2. Is it given to policy and decision makers? Yes No

Observations and comments:

10. Disadvantaged groups

10.1. Is there a government policy targeting disadvantaged groups? Yes No

10.2. Is information on breastfeeding gathered by:

- | | |
|--|---|
| <input type="checkbox"/> age of the mother | <input type="checkbox"/> area of residence |
| <input type="checkbox"/> income of the family | <input type="checkbox"/> occupation of the mother |
| <input type="checkbox"/> education of the mother | <input type="checkbox"/> employment status |
| <input type="checkbox"/> ethnicity | <input type="checkbox"/> other |

10.3. What action is taken to target disadvantaged groups?

Observations and comments: