

Eligibility Requirements for the 2010 IBLCE Certification Exam Europe and the Middle East*

	Have experience as a health care professional ¹ working in maternal-child health or as a breastfeeding mother-to-mother support counselor as defined by IBLCE ²
Health Disciplines Education³	Recommended For candidates who have not already studied these subjects as part of their college or university education
Lactation Specific Clinical Experience⁴	Required 1000 hours Obtained through paid or volunteer employment within a supervised setting and accumulated within the 5 years immediately prior to exam application
Education in Human Lactation and Breastfeeding	Required 45 hours⁵ Based on the IBLCE Exam Blueprint and completed within the 5 years immediately prior to exam application Recommended 80-150 hours

¹Defined as an individual who meets the regulatory standards for practice in a recognized health profession in a country where that practice occurs.

²For counselors to be recognized by IBLCE, the individual must be associated with an organization that provides mother-to-mother breastfeeding counseling and that requires its counselors to: (1) complete a structured training program that includes comprehensive education in breastfeeding management; (2) work within a supervision structure that is appropriate to their training; (3) adhere to defined ethical standards for conduct; and (4) remain up to date by participating in continuing education.

³Human anatomy and physiology; sociology/cultural sensitivity; nutrition; psychology, counseling/communication skills; infant and child growth/development; and medical terminology

⁴Defined as providing maternal/child care that supports breastfeeding families, including lactation assistance to pregnant and breastfeeding women and lactation education to families and/or professionals.

⁵The minimum hours required are based upon the past performance of candidates on the IBLCE certification exam.

*Candidates can be admitted on the basis of the previous or the new requirements for the exam in 2009, 2010 and 2011.

Up from 2010 continuing education in lactation and breastfeeding must be complete at the time of application. Deadlines for submission: End of February, 31 March and 30 April 2010 final deadline.