



Suggested Resource List

Individual study is a major component of exam preparation. IBLCE strongly encourages you to become familiar with a wide range of literature, scientific studies, texts and journals, including material published outside your own countries. It is important that your personal study and reading covers all areas set out in the IBLCE Blueprint of Knowledge and Skills for IBCLCs.

The following list of general texts books are a good foundation to start your study from and are always important resources for you to refer to in clinical practice. Please note: Inclusion on this list does not constitute an endorsement by IBLCE.

General Lactation Texts

- Biancuzzo, M. (2003) **Breastfeeding the Newborn: Clinical Strategies for Nurses**. Mosby.
- Brodribb, W. (2004) **Breastfeeding Management. Australian Breastfeeding Association**.
- Hale, T. Hartmann, P. (2007) **Hale and Hartmann's text book of Human Lactation**. Hale Pub.
- Lawrence, R. & Lawrence, R. (2005) **Breastfeeding: A Guide for the Medical Profession**: Elsevier/Mosby.
- Lauwers, J, and Swisher A. (2005) **Counseling the Nursing Mother**. Jones & Bartlett, 4th Edition
- Mannel, R, Martens. P.J. & Walker, M. (2007) **ILCA Core Curriculum for Lactation Consultant Practice**. 2nd ed. (ed), Jones & Bartlett.
- Mohrbacher, N, and Stock J. (2003) **The Breastfeeding Answer Book**. La Leche League International.
- Riordan, J. & Wambach, K. (2004) **Breastfeeding and Human Lactation**. (4th Ed) Jones & Bartlett.
- The Royal College of Midwives, UK. (2002) **Successful Breastfeeding**. Churchill Livingstone.
- Walker. M.(2010) **Breastfeeding Management for the Clinician**. (2nd Ed) Harcourt Brace, Canada.
- Wilson-Clay, B., and Hoover K. (2008) **The Breastfeeding Atlas** 4th edition. Lactnews Press, Austin Texas.

Websites

- Academy of Breastfeeding Medicine** www.bfmed.org Clinical Protocols on website (various languages)
- Australian Breastfeeding Association** www.breastfeeding.asn.au
Breastfeeding Review. Professional journal, available by subscription from ABA.
- ILCA** www.ilca.org Journal of Human Lactation. Quarterly professional journal available by joining the International Lactation Consultant Association.
- International Breastfeeding Journal** — www.internationalbreastfeedingjournal.com/
- La Leche League International** www.lalecheleague.org New Zealand: www.lalecheleague.org/LLLNZ
Breastfeeding Abstracts Quarterly annotated summary of important new research - by subscription from LLLI.
- World Health Organisation, Geneva** www.who.int and <http://www.who.int/nut/publications.htm#inf>
Complementary Feeding: family foods for breastfed children. WHO 2000
Evidence for the Ten Steps to Successful Breastfeeding. Geneva, WHO 1998
Global Strategy for Infant and Young Child Feeding. Geneva, WHO 2003
HIV and Infant Feeding. A guide for health care managers and supervisors and Guidelines for decision makers. Geneva, WHO 1998
Hypoglycaemia of the Newborn: Review of the Literature. Geneva, WHO 1998
International Code of Marketing of Breast-milk Substitutes. Geneva, WHO 1981
Nutrient Adequacy of Exclusive Breastfeeding for the Term Infant During The First Six Months of Life. 2002
Protecting, Promoting and Supporting Breastfeeding: The Special Role of Maternity Services. WHO/UNICEF Statement, 1989.
Relactation: Review of experience and recommendations for practice. Geneva, WHO 1998

For review of lactation specific texts you may like to visit the ILCA book reviews at www.ilca.org